

MODERN LUXURY

AngeLeno

+

ALL THAT DAZZLES
JEWELRY & WATCHES THAT
STEAL THE SPOTLIGHT

Character STUDY

From *Palm Royale* to
The White Lotus,
Leslie Bibb Sparkles

ELISE MIN, MD

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What inspired you to pursue a career in medicine, and what keeps you passionate about your field?

As a third-generation female surgeon, I was inspired by my grandmother and mother, who balanced excellence in surgery with motherhood. Though my mother encouraged me to find less stressful career paths outside of medicine, witnessing their skill left an indelible mark on me. Additionally, growing up in five different countries as a diplomat's child taught me that, across cultures, a healing touch is universal. The privilege of offering healing and restoring confidence continues to fulfill me every day.

How has your approach to patient care evolved over the years, and what sets your practice apart?

My approach to patient care has evolved by blending deep listening with a genuine curiosity about patients' motivations and passions. Over time, I've honed the ability to align their desires with thoughtful, personalized recommendations. Building trust through meaningful conversations ensures my patients feel seen and understood. Hearing feedback like, "No other plastic surgeon has brought that up before," reaffirms my commitment to offering a uniquely empathetic and tailored experience in my practice.

What are the most significant advancements or trends in your specialty that patients should know about?

Plastic surgery has seen remarkable advancements, including minimally invasive techniques, personalized 3D imaging, and innovations in regenerative medicine, which not only enhance natural outcomes but also improve healing processes, including scar care. Being Korean-American, coming from an ethnicity prone to challenging scarring, I'm passionate about leveraging these advancements to optimize scar management. By combining traditional methods with innovative regenerative approaches, I strive to help patients achieve the best possible aesthetic and functional results.

How do you stay ahead of the curve in medical innovation and continuously improve your expertise?

I believe humility is essential to being a great surgeon, as it fosters a constant desire to learn and innovate. I stay ahead of the curve by actively participating in national board-certified plastic surgeon committees and attending leading conferences that explore advancements in our field. These opportunities allow me to stay informed about the latest innovations, exchange ideas with peers, and continually refine my expertise.

What accomplishments or contributions are you most proud of in your medical career?

I am most proud of stepping out of my comfort zone to transition from working within a structured system to becoming an entrepreneur. Starting my own practice has allowed me to build a space where I can provide personalized care while pursuing my vision. This leap represents my commitment to growth, innovation, and creating a practice that reflects my values and passion for patient care.